



TORONTO HOSTS 2007 CANADIAN ULTIMATE CHAMPIONSHIPS

August 9 to 12, Sunnybrook Park

(Toronto, Ontario, June 19, 2007) Over 2,000 players from across Canada will descend on Toronto's Sunnybrook Park from **Thursday, August 9 to Sunday, August 12** for the **2007 Canadian Ultimate Championships**. The annual four-day tournament showcases 80 of the country's top Ultimate teams who will battle it out in five divisions – Open, Women's, Mixed, Juniors' and Masters' – for the chance to represent Canada at the World Ultimate Championships to be held in Vancouver in 2008. The intense athletic competition culminates with finals on Sunday, August 12 at the University of Toronto's Varsity Stadium.



Ultimate is a fast-paced, high-energy, non-contact sport that is played on 120 by 40 yard fields between two seven-player squads. Ultimate combines the best elements of football, basketball and soccer. A self-officiated sport, players are responsible for their own foul and line calls and resolving their own disputes. While extremely competitive, Ultimate maintains the *Spirit of the Game™*, an integral element that stresses sportsmanship and fair play.

This **free** sporting event is expected to attract thousands spectators. Discs will fly over 20 fields. Games run from 8:30 am to 5:30 pm, with each lasting approximately 1.5 hours. A dozen teams will represent Toronto, including GOAT, the defending 2006 Canadian Open Champions.

Ultimate is one of Canada's fastest growing sports. Toronto is home to about 5,000 ultimate players, ranging from 16 to 50-years-old, who play at multiple levels, from recreational leagues across the GTA to competitive national and international tournaments. The Toronto Ultimate Club (www.tuc.org) and the Toronto Central Sport & Social Club (www.tcssc.com) organize Ultimate activities year-round.

For more the **full press package, interviews or images**, please contact Renee Tratch at CUCmedia2007@canadianultimate.com.

For more information on Ultimate and this tournament, please visit the CUC 2007 website at www.canadianultimate.com/cuc/2007.

Photos by Stephen Locke.

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