



# TORONTO TEAMS READY FOR 2007 CANADIAN ULTIMATE CHAMPIONSHIPS

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## August 9 to 12, Sunnybrook Park & Varsity Stadium

(Toronto, Ontario, July 25, 2007) Toronto's top Ultimate teams are gearing up to compete at the 2007 Canadian Ultimate Championships (CUC '07) in Toronto from Thursday, August 9 to Sunday, August 12, 2007. Seventeen Toronto teams will take on the country's best in five divisions – Open, Women's, Mixed, Juniors' and Masters' – at Sunnybrook Park. The intense athletic competition culminates in three final games on Sunday, August 12 at the University of Toronto's Varsity Stadium. The winners will represent Canada at the World Ultimate Championships to be held in Vancouver in 2008.

"We are excited to welcome over 1,500 players and guests to the biggest Canadian Ultimate Championships yet," said Alison Fletcher, Co-Chair of CUC '07. "This national tournament is an excellent opportunity to showcase our city to the rest of the country and give Torontonians a chance to experience one of Canada's fastest growing sports."



Eighty teams from across Canada are participating in this annual national event. Among Toronto teams are GOAT (2006 Open Champions), CAPITALS (an elite combo of Toronto and Ottawa

women), SNIPE (Toronto's top Mixed team), TOMBSTONE (competing in the Masters' division – 33-and-older) and DIRT (14-18 years-olds competing in the Juniors division.)

From August 9 – 11<sup>th</sup>, discs will fly over 20 fields at Sunnybrook Park, with non-stop games running from 8:30 am to 7:30 pm daily (each match lasting approximately 1.5 hours). Semi-finals for all divisions and the Masters' and Juniors' finals will take place on Saturday, August 11<sup>th</sup>. The tournament is played rain or shine.

Admission from Thursday to Saturday is free and includes the *Ultimate Village*:

- Ultimate apparel and merchandise provided by our Gold Sponsor VC Ultimate, as well as discs by Daredevil Discs.
- Demo tent hosted by the Toronto Ultimate Club, the GTA's premier Ultimate provider
- Food for purchase by Grenadier Food Services
- Sleeman Light CUC '07 Beer Garden
- Thursday evening, CUC '07 hosts a "Cups Tournament" and "Disc Skills Competition".

For more information on these events please visit "Spectators" at [www.cuc07.com](http://www.cuc07.com).

Hundreds of spectators are expected at Varsity Stadium to watch the top athletes battle it out for the national titles in the Mixed (9:30 am), Womens' (11:45 pm) and Open (2 pm) divisions. Doors open at 8:30 am with the Juniors' All Star Game. Tickets are \$5 (Children 12 & under are free).

Ultimate is a fast-paced, high-energy, non-contact sport that combines the best elements of football, basketball and soccer. The game is played on 120 by 40 yard fields between two seven-player squads. A self-officiated sport, players are responsible for their own foul and line calls and resolving their own disputes. While extremely competitive, Ultimate maintains the *Spirit of the Game™*, an integral element that stresses sportsmanship and fair play. Toronto is home to about 5,000 ultimate players, ranging from 16 to 50-years-old, who play at multiple levels, from recreational leagues across the GTA to competitive national and international tournaments.

For interviews or images, please contact Renee Tratch at [CUCmedia2007@canadianultimate.com](mailto:CUCmedia2007@canadianultimate.com).

For more information on Ultimate and this tournament, please visit the CUC '07 website at [www.cuc07.com](http://www.cuc07.com).

Photos by Stephen Locke.