



HISTORY OF ULTIMATE IN TORONTO

Ultimate has been played in Toronto since the early 1980s, starting not long after its inception in New Jersey in 1967. The Toronto Ultimate Club was officially founded 1985 and is the GTA's premier Ultimate provider. There are close to a dozen other sports leagues in the GTA which support various levels of ultimate competition. These organizations support the activities of well over 5,000 Ultimate players in the GTA, playing year-round on sports fields, in stadiums, and in indoor fields and domes. Ultimate is now a standard offering for most multi-sport leagues.

Within the Toronto District School Board, there are over 40 high schools with Ultimate teams. Over 1,000 high school students in Toronto and York region play Ultimate over the course of the school year. Ultimate has long been a popular university sport with over 20 Canadian universities with organized teams. In 2006, the University of Toronto's Open team won the Canadian University Ultimate Championships. Ontario Ultimate clubs have also been established in York region, Mississauga, Brampton, Newmarket, Durham, Hamilton, Peterborough, Guelph, Waterloo and London.

For more information on Ultimate in the GTA, please visit:

Toronto Ultimate Club: www.tuc.org.

Toronto Centre Sport & Social Club: www.tcssc.com

Mississauga's Mixed Recreational Sports Club: www.mrsc.ca/sports-ultimate.php

Newmarket: www.newmarketultimate.com

Durham <http://www.durhamultimateclub.com>

Brampton Ultimate Club: www.bramptonultimateclub.com

Barrie Ultimate League: www.barrieultimate.com